February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LGR = Legends Game Room **GCC** = Givler Cultural Center **EACR** = Ernie Angell Conference Room **BMC** = Bice Memorial Chapel **Rec Room** = Michelle & Wendy's Office	**Please sign up for ALL trips/events (in red) that you wish to attend to help us with planning.** **Calendar is subject to change.**	***Menu for IL Dinner on Feb. 12:*** **Caesar Salad w/Dressing** **Fresh Maryland Crab Cake and Steak** **Twice Baked Potato** **Roasted Fresh Assorted Vegetables** **Valentine Day Cake** **Rolls and Butter** **$19.00 + tax per person** **RSVP BY FEB. 7 – Call 793-1317 to do so**	**Melissa** **793-1353** **Michelle** **793-1340** **Wendy** **793-1312**		**1** **10:00**-Table Tennis, Darts and Shuffleboard (LGR) **10:00**-Needlework (Great Room) **2:00**-Bingo (Library) **3:00**-Card Club (Library)
2 **10:30**-Chapel Worship (BMC) **3:00**-Card Club (Library)	**3** **9:15**-Silver Cardio (LGR) **10:00**-Swing into Shape (LGR) **10:30**-Water Aerobics **11:00**-Water Volleyball **1:00**-Valentine Cookie Decorating w/Maddie Cakes (Cafe) **1:00**-Bible Study (Library) **2:00**-Cognitive Fitness (Library) **6:00**-Card Club (Library) **6:30**-Clint Curfman Music (GCC)	**4** **9:30**-Wal-Mart **9:45**-Silver Toning (LGR) **12:00**-Bridge (Player's Club Room 2nd floor Southview) **1:15**-Yoga (LGR) **1:45**-Ken Burns Presentation "The Civil War"' (GCC) **7:00**-Vespers (BMC)	**5** **9:00**-Massages by Ashley-make your appointment (LMT) across from Fitness Room **9:15**-Zumba Gold (LGR) **10:00-**Gourmet Buffet for the Chinese New Year-Hobby Lobby, and Dollar Tree **10:00**-Swing into Shape (LGR) **10:30**-Water Arthritis (Pool) **11:00**-Water Volleyball **1:15**-Line Dancing (LGR) **2:00**-Book Club/Paula (2nd floor meeting room)	**6** **9:45**-Silver Toning (LGR) **12:45**-Quarterly Birthday Party (cafe) – by invitation only **1:00**-Scrabble (Player's Club) **1:15**-Senior Nutrition (Library) **3:30**-Chapel Choir Practice (BMC)	**7** **10:00**-Swing into Shape (LGR) **11:00**-Water Volleyball **2:00**-Scarf Wreath-bring your own scarf if possible (Rec Room) **4:30**-Terrace Hour (Cafe) **6:00**-Card Club (Library) **RSVP for the IL Dinner (which will be held on Feb. 12) by the end of TODAY to avoid a late fee**	**8** **10:00**-Needlework (Great Room) **10:00**-Table Tennis, Darts and Shuffleboard (LGR) **2:00**-Bingo (Library) **3:00**-Card Club (Library)
9 **10:30**-Chapel Worship (BMC) **3:00**-Card Club (Library)	**10** **9:15**-Silver Cardio (LGR) **10:00**-Swing into Shape (LGR) **10:30**-Water Aerobics **11:00**-Water Volleyball **1:00**-Quarterly Residents' Association Meeting (GCC) **3:00**-Make Homemade Heart Shaped Dog Treats (Rec Room) **6:00**-Card Club (Library)	**11** **9:30**-Giant Eagle **9:45**-Silver Toning (LGR) **1:15**-Yoga (LGR) **1:45**-Ken Burns Presentation "The Civil War"' (GCC) **2:00**-Galentine's Party-Chatty Chicks (Cafe) **3:00 PM**-Alzheimer's Support Group (Club Room) **4:30 PM**-"Dining for Dollars" at Villa Capri (Altoona) **7:00 PM**-Vespers (BMC)	**12** **9:00**-Wake Up w/Wendy (Rec. Room) **9:15**-Zumba Gold (LGR) **10:00**-Swing into Shape (LGR) **10:30**-Water Arthritis (Pool) **10:30**-Blood Pressure Screening (Community Nursing Office) **11:00**-Water Volleyball **1:15**-Line Dancing (LGR) **2:00**-Music by Dick McConnell **4:30**-IL Dinner (Cafe) **RSVP by calling 793-1317 BY FEB. 7 to avoid a late fee**	**13** **9:30**-Community Update Breakfast w/Lisa (GCC) **11:00**-Chats with Charlie (GCC) **1:00**-Scrabble (Player's Club) **1:15**-Senior Nutrition (Library) **2:00**-Make Bookmarks for Samaritan's Purse's Operation Christmas Child (Rec Room) **2:00**-Lutheran Communion (BMC) **3:30**-Chapel Choir Practice (BMC)	**14** **9:15 AM**-Chair Stretching (LGR) **10:00 AM**-Swing into Shape (LGR) **10:30 AM**-Water Aerobics **11:00 AM**-Water Volleyball **1:00 PM**-Valentine's Day "Sip & Sauté by DeGennaro" Lunch-$10 pp, sign-up is mandatory (Cafe) **4:30 PM**-Terrace Hour (Cafe) **6:00 PM**-Card Club (Library) **Auxiliary Sub Orders Are Due TODAY**	**15** **10:00 AM**-Table Tennis, Darts and Shuffleboard (LGR) **10:00 AM**-Needlework (Great Room) **2:00 PM**-Bingo (Library) **3:00 PM**-Card Club (Library)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 **10:30**-Chapel Worship (BMC) **3:00**-Card Club (Library)	**17** **9:15**-Silver Cardio (LGR) **10:00**-Swing into Shape (LGR) **10:30**-Water Aerobics **11:00**-Water Volleyball **1:00**-Bible Study (Library) **2:00**-Cognitive Fitness (Library) **3:00**-Presidential History , Trivia and Cherry Treat (Rec Room) **6:00**-Card Club (Library)	**18** **9:30**-Wal-Mart **9:45**-Silver Toning (LGR) **12:00**-Bridge (Player's Club Room 2nd floor Southview) **1:15**-Yoga (LGR) **1:45**-Ken Burns Presentation "The Civil War"' (GCC) **2:00**-Learn Bridge The American Standard Way (Rec Room) **7:00**-Vespers (BMC)	**19** **9:00**-Massages by Ashley (LMT) across from Fitness Room **9:15**-Zumba Gold (LGR) **10:00**-Swing into Shape (LGR) **10:30**-Water Arthritis (Pool) **11:00**-Water Volleyball **12:30**-Blood Pressure Screening (Community Nursing Office) **1:15**-Line Dancing (LGR) **2:00**-Food Demo/Food Focus Group (Cafe)	**20** **9:30-**Mamie's for Brick Oven Pizza (or whatever!!) **1:00**-Scrabble (Player's Club) **1:15**-Senior Nutrition (Library) **2:00**-Play Buck-A-Roo (Rec Room) **2:30**-Catholic Mass (BMC) **3:30**-Chapel Choir Practice (BMC) **6:00-Dinner Theater (GCC)**	**21** **9:15**-Chair Stretching (LGR) **10:00**-Swing into Shape (LGR) **10:30**-Water Aerobics **11:00**-Water Volleyball **1:15**-Intro to Fitness Room **2:00**-M & M Tasting Fun (Rec Room) **4:30**-Terrace Hour (Cafe) **6:00**-Card Club (Library)	**22** **10:00**-Needlework (Great Room) **10:00**-Table Tennis, Darts and Shuffleboard (LGR) **2:00**-Bingo (Library) **3:00**-Card Club (Library)
23 **10:30**-Chapel Worship (BMC) **3:00**-Card Club (Library)	**24** **9:00**-Pastries for Guys & Gals (Coffee Shop in Northview Building) **9:15**-Silver Cardio (LGR) **10:00**-Swing into Shape (LGR) **10:30**-Water Aerobics **11:00**-Water Volleyball **1:00**-Bible Study (Library) **2:00**-Cognitive Fitness (Library) **2:30**-Donut Making (Rec Room) **6:00**-Card Club (Library) **Today is the deadline to submit articles for the Hitching Post. Please submit by the end of today. Thank you!**	**25** **8:30**-Donuts for Shrove Tuesday (Rec Room) **9:30**-Giant Eagle **9:45**-Silver Toning (LGR) **11:00**-Religious Life Committee Meeting (BMC) **1:15**-Yoga (LGR) **1:45**-Ken Burns Presentation "The Civil War"' (GCC) **2:00**-Mardi Gras Celebration (Cafe) **2:00**-Parkinson's Support Group w/Jody Hurley (Library) **7:00**-Vespers (BMC)	**26** **Ash Wednesday** **7:00-7:30-**Imposition of ashes available (BMC) **9:00**-Wake Up w/ Wendy (Rec Room) **9:15**-Zumba Gold (LGR) **9:30**-Meditative Music (BMC) **10:00**-Swing into Shape (LGR) **10:00-10:30-**Imposition of ashes available (BMC) **10:30**-Water Arthritis (Pool) **11:00**-Water Volleyball **1:15**-Line Dancing (LGR) **1:30**-Meditative Music (BMC) **2:00**-Worship Service (BMC) **3:00**-Circle of Friends (Rec Room)	**27** **9:30**-Dollar General, Peach Hill Farm Market & Zimmerman's **9:45**-Silver Toning (LGR) **11:00**-Chats with Charlie (GCC) **1:00**-Scrabble (Player's Club) **1:15**-Senior Nutrition (Library) **2:00**-Men's Snack & Yack (Cafe) **3:30**-Chapel Choir Practice (BMC) **Auxiliary Sub Orders Can Be Picked Up TODAY in LGR**	**28** **9:15**-Chair Stretching (LGR) **10:00**-Swing into Shape (LGR) **10:30**-Water Aerobics **11:00**-Water Volleyball **1:15**-Intro to Fitness Room **1:30**-Movie "Leap Year"- a romantic comedy (GCC) **4:30**-Terrace Hour (Cafe) **6:00**-Card Club (Library)	**29** **10:00 AM**-Table Tennis, Darts and Shuffleboard (LGR) **10:00 AM**-Needlework (Great Room) **2:00 PM**-Bingo (Library) **3:00 PM**-Card Club (Library)