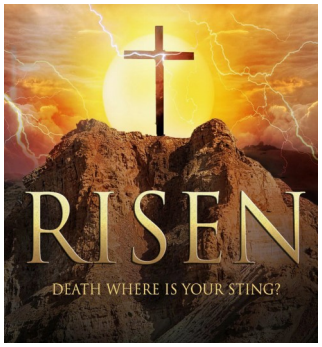


Homewood at Frederick

ILRA PRESIDENT'S MESSAGE

The CHATTER

As President of the Residents Association I attend the Homewood at Frederick Board of Directors meetings. It is a privilege both to represent you and to be in the company of those Board members. In past articles I have shared with you my high regard for our Homewood community and its leadership. That high regard is well deserved. Consider the following numbers and what they represent about where we live, and why it is the good place it is.

The Homewood sites depend on residents and some folks from the wider community volunteering their time. In 2018 these volunteer hours for the several Homewood locations (Williamsport, Frederick, Plum Creek, Martinsburg) totaled 149,916 hours valued at $3,827,200. *Homewood at Frederick's part of that was . . . . 43,048 hours valued at $1,183,820.*

The Homewood family also prides itself on its ability to provide benevolent care for residents who have depleted their assets through no fault of their own, as well as to absorb shortfalls for the cost of care not reimbursed under Medicaid and Medicare. In 2018 that benevolent care amounted to $12,257,545 for the Homewood locations. For Homewood at Frederick it totaled $2,199,707. What a privilege and blessing we enjoy to live in a community that exhibits these values.

Not only do the Homewood sites demonstrate a concern for the care of residents through financial support where needed, but also they abound with activities for residents. As you browse the pages of *The CHATTER,* you will notice that the variety of programs and activities is astounding. Folks from the Frederick community, as well as Homewood residents with gifts and interests, lead events. And one of these, a really big and important one, is our yard sale. **Shirley Erdmanis** and her coworkers are busy planning for this event to be held in May.

To those who are involved in leadership roles with all that is going on in our community, thank you. To all who are residents, enjoy our wonderful Homewood home.

Roland Hobbs

ILRA President

Volume 20 Number 4 April 2019

EXECUTIVE DIRECTOR

What an exciting time it is on campus! This Spring is blooming with new projects and wonderful news across campus. I dedicated my March article to retiring CEO, Ernie Angell, so it is only proper that I introduce our new CEO, Thad Rothrock, to our Homewood family. Many of you had the opportunity to meet Thad last month at our meet-and-greet event. We are looking forward to working together with him as he leads Homewood into the future.

Our outpatient rehab site is in full swing providing therapy to our Independent Living residents on an outpatient basis. The rehab suite, formerly apartment 126, is fully equipped, and the team is ready to develop a plan to make a positive difference in your daily routine.

Our Healthcare Center is going through updates as we have relocated the receptionist desk and installed new carpeting in the lobby. Two nursing offices are being remodeled to allow better space for co-worker education and in-service training. Key Court, our short-term rehab, is taking shape with renovations for a new kitchen and dining room along with a dedicated nursing station. We expect this work to be completed by summer.

The beautiful weather will make moving easier for all of our new neighbors that we welcome to Phase 6 of our Patio Homes. Recently we received approval from the Maryland Department of Aging to begin another phase of homes and move forward with The Lodge expansion adding 23 apartments. Please stay tuned as there will be a Lodge Expansion meeting in the near future for all interested residents.

Soon we plan to open up the Pickle Ball Courts! Gretchen and Greg are getting organized so keep an eye out and let Gretchen know if you are interested.

We are still working on choosing the "best" location for our Dog Park…stay tuned.

April is the month that we say "Grazie" to our Homewood Volunteers and the service they bring to our community. We will celebrate on **April 10th** with a wonderful meal and program. Homewood remains rich with volunteer spirit from our own residents and those who come from the local community. In 2018 our campus was blessed with **43,038** hours of service!

Don't miss our "Chip-off" Event at Crumland Farms on **Thursday, April 25th** to benefit the 2019 Golf Tournament. Enjoy a tasty lunch and have some fun with our indoor games. Golf cart sponsorships will be available. Our Goal is 101 golf carts! Proceeds from our tournament will help beautify our campus gardens and patio spaces. Let's make this our best year yet!

Make plans to attend the Campus Connection on Wednesday, April 3rd at Crumland Farms!

Enjoy your blessings,

Karen

CHAPLAIN'S MESSAGE

Chaplain Suzanne Morris

There is much to celebrate in April. Christians celebrate Easter following the reflective season of Lent. Here at Homewood, we will commemorate the triumphal entry of Jesus into Jerusalem on Palm Sunday at the beginning of Holy Week. This service combines elements of the palms and the passion with special music presented by our choir. Once again this year, the Good Friday drama, *A Friday Night - Had I Been There*, written by our own **Joanne Spiller**, will be presented on Friday, April 19th at 3:30 PM in the chapel. On Easter Sunday, April 21st, there will be one worship service at 10 AM featuring special music by an ensemble of singers. As with all Sunday morning services, this service will be televised.

Our Jewish friends celebrate God's victory in leading the people of Israel to freedom from bondage at Passover. We look forward to observing the Passover here at Homewood with a Seder hosted by Alice Haber on Tuesday, April 23rd at 5:00 PM. The Seder will take place in the Event Center at The Lodge and the shuttle will be available. Everyone is welcome to participate. This is a wonderful way to learn about this important tradition of Judaism. Everyone who plans to participate in the Seder must sign up in advance at The Lodge reception desk since our celebration includes a meal.

In addition to these important celebrations, the Religious Life Board will meet on Tuesday, April 2nd at 2:30 PM at The Lodge, Classroom A. The shuttle will be available. Anyone interested in participating in the work of the Religious Life Board is welcome to speak with Chaplain Suzanne to learn more.

The chaplain's office has been fortunate to have a chaplain intern working with us over the past month. Many of you have extended a warm welcome to Jessica Townsley. Jessica is completing a unit of Clinical Pastoral Education (CPE) through Chicago Theological Seminary. This training is required of most seminary students. Homewood at Frederick is the site where Jessica is receiving experience in pastoral care and visitation. The majority of her time is being spent in the Health Care Center and Assisted Living. Jessica has been assisting in leading the Lenten study as well. She will be with us through May.

Blessings to all in this Holy season and always.

A LODGE LITERARY MOMENT

by **Jim Sasiadek**

MEDITATION is a source of many things: rest, relaxation, clarity, prayer, devotion, mental exercise, centering of one's self, etc..

Visit the Meditation Room at The Lodge on the second floor near the top of the grand staircase by the fireplace. You'll find religious source materials, poetry and thoughts for contemplation. Monastic robes are not necessary to enjoy this environment.

A Lodge Library resource location . . . enjoy!

2019 YARD SALE

DONATE TO THE 2019 HOMEWOOD YARD SALE

by **Pat Culwell** and **Stan Schweinfurth**

To donate to the May 2019 Yard Sale call **Bootsie Orr**, 301-662-1964. It is OK to leave a message on her answering machine, or e-mail her at bootsie159@icloud.com **BY MONDAY APRIL 29th**. Provide her with your name, Patio Home address, Cottage or Apartment # on Crumland Farms side only. Tell her the number of boxes or items you want picked up. The items **MUST** be placed outside your door (Crumland Farms apartments) or in front of your garage (Patio Homes and Cottages) or on porch if raining, **Wednesday, May 1st BY 8 AM.**

Apartments at The Lodge, **DO NOT CALL BOOTSIE!** Just place your boxes or items by an elevator **Wednesday, May 1st BY 8 AM.**

MARK ALL BOXES OR ITEMS "YARD SALE"

OR

Bring your boxes or items to the Multi Purpose Room in the Community Center at Crumland Farms **Wednesday, May 1st**, between 8:30 AM and 12 Noon. **NO DONATIONS WILL BE ACCEPTED AFTER 12 NOON.**

Only items small enough for one person to carry will be accepted. All items must be clean and in good condition. Electrical items must be operational with cords, etc. included.

WE DO NOT ACCEPT CLOTHING.

The volunteers of the Library Committees of both Crumland Farms and The Lodge request that any resident or non-resident who wishes to donate books, music or films (DVDs) for the Yard Sale bring those materials to the Library/Cafe on the 2nd floor at Crumland Farms **by April 15, 2019**. Earlier donations will be most appreciated. Books for the sale from the library collection at The Lodge should also be brought to Crumland Farms **by April 15th.**

YARD SALE HOURS

THURSDAY, MAY 2nd 2 PM to 4 PM - RESIDENTS AND STAFF ONLY

FRIDAY, MAY 3rd 8 AM to 3 PM - OPEN TO PUBLIC

SATURDAY, MAY 4th 8 AM to 12 - OPEN TO PUBLIC

If you have any questions, please call one of the Committee Members

Pat Culwell 301-644-4280
Bobby Rickman 301-644-5816
Ed Chaney 301-644-4264
Shirley Erdmanis 301-644-5796
Bootsie Orr 301-662-1964

RESIDENTS' UPDATE

HOMEWOOD AUXILIARY 2019 FUNDRAISERS

by Loberta Staley

The Homewood Auxiliary holds fundraisers throughout the year to support needs in the Healthcare areas. Some of the fundraisers planned for 2019 by the executive board of the Homewood Auxiliary include the following:

The popular Fashion Show was held at 2:30 PM on Friday, March 29th in the Tuscarora Dining Room at Crumland Farms and included a delicious dessert. Homewood ladies modeled a variety of attractive clothing items from the Taylor Marie collection. They were available for purchase in the Multi-Purpose room at Crumland Farms.

The auxiliary continues to sell the attractive and practical napkin holders for $10 each. They are handcrafted by members of the auxiliary. In the future these holders may also be sold in the Treasure Corner at CF.

GOOD FRIDAY WORSHIP DRAMA

by **Jim Spiller**

On Good Friday, April 19, at 3:30 PM, Homewood residents will be challenged to imagine that they were eyewitnesses to the crucifixion of Jesus. In an original worship drama, *A Friday Afternoon---Had I Been There,* seven characters come alive as they respond to the words Jesus uttered from the cross. A rabbi, a Roman centurion, an innkeeper, the wife of the thief crucified beside Jesus, James (the brother of Jesus), Joseph of Arimathea (who assisted in removing Jesus' broken body from the cross and donated his tomb) and Barabbas (the thief who was released in place of Jesus). Each expresses his/her feelings and confusion about Jesus' words and the fateful conclusion of that afternoon.

Easter and the Resurrection of Our Lord are still days away, and the witnesses all react differently to the crucifixion of the innocent Jesus. Helplessness, guilt, anger, wonder and more are expressed. In their costumes and makeup, the actors create believable emotions and responses.

Directed by **Jim Spiller** and **Cindy Elliott**, the service causes all who are present to question how they may have reacted had they been present on the original Good Friday. And it prompts reflection on the effects of the crucifixion on events and attitudes today. Special music and liturgy are included by chapel choir, soloists and readers.

Easter and its message of hope and eternal life will be more meaningful for those who are part of this Good Friday worship, held in the Crumland Farms Chapel/MPR. Make your plans now to attend.

HOMEWOOD'S NEW CEO VISITS OUR CAMPUS

by **Leslie Hobbs**

At a reception on March 19th, Ernie Angell, who is concluding 22 years as President/CEO of Homewood, reflected on his time here, on the expansion of our campus and on the many positive changes during his tenure. He said that Homewood at Frederick has a special place in his heart since he was the administrator during the move from downtown Frederick to our current location. He also noted that in the 90 years since George Pearson left $100,000 to "care for widows and spinsters of the church," Homewood has developed five campuses and served more than 60,000 people.

The Homewood Board of Directors has recognized Ernie Angell's vision and commitment by naming The Lodge in his honor. It is now officially *THE Ernest W. Angell LODGE.*





Ernie Angell, Karen Main and Thad Rothrock

Ernie then introduced his successor, Thad Rothrock, who spoke about his background and his family. Growing up in northeastern Texas, he went to college planning to be a foreign missionary. During those years he visited a local nursing home with his mother and was drawn to the world of senior living. After earning a M.Sc. at Notre Dame in administration, he worked for Covenant Retirement Communities and lived in San Diego, CA. His most recent position was as their Regional Director of Operations for the western part of the country. Ready for a change and wanting to continue to work for a faith-based, multi-site, non-profit retirement community, Mr. Rothrock applied for the position at Homewood and feels strongly that God has led him here. Moving to Maryland is a new adventure for Thad and his spouse, Melissa. They have purchased a home in downtown Frederick and plan to have many video conferences to stay in touch with their three grandchildren who are still in San Diego. Thad looks forward to spending time on our campus and getting to know our residents and staff.

HOMEWOOD AT FREDERICK'S

SPRING

VENDOR SALE

April 17, 2019

10am-3pm

Crumland Farms MP Room

7407 Willow Rd. Frederick, MD

Featuring: handmade purses and jewelry essential oils, Magnolia and Vine, handcrafted goat milk soaps, ceramics, cards, homemade wooden items, seasonal items and much, much more!!

New Vendors: Thirty One Bags, Watercolor paintings, fused glass, Colorstreet Nail Strips

Be sure to visit our food trucks from Gambrill Mt. Food Co. and Boxcar Burger

Questions? Contact Liz Kannenberg at 301-644-5646 or lkannenberg@hmwd.org

Pet Visitors at Homewood

It's no secret that interacting with animals is good for our health. Research finds that even just 15 minutes spent with a pet can boost our body's production of the "happiness" hormones serotonin and oxytocin, which help reduce stress and lower blood pressure. For this reason pet therapy has become a popular program in many retirement communities to help improve the social, emotional and physical well-being of older adults. Here are three great benefits of pet therapy for seniors.

Reduced Loneliness

Loneliness and isolation are prevalent problems among older adults. Many retirement communities organize pet visitation therapy for residents, which allow older adults to interact with pets such as dogs, cats, rabbits or even miniature horses without the responsibility of owning a pet. Spending time with animals provides emotional support, helping older adults reduce daily stress and combat feelings of loneliness or isolation.

Increased Communication

Petting, grooming or simply holding a furry friend may lead to improved communication and socialization in older adults. In many cases, pet therapy is a group activity, giving older adults the opportunity to meet other residents and share a common interest. After interacting with a pet, seniors are often encouraged to be more interactive with other residents and their caregivers.

Improved Self-esteem

Therapy animals are well trained to be affectionate toward humans and offer unconditional acceptance. Bonding with an animal boosts one's self-esteem and promotes a sense of purpose, which is especially important for older adults experiencing a loss of independence due to illness or age-related conditions.

Pet therapy offers numerous benefits to people of all ages. Homewood integrates pet therapy by hosting multiple volunteer pet visits throughout the year. The next time you see one of our furry friends with their owner, be sure to let them know how much we appreciate the time they take to visit our residents here at Homewood.

Source: https://bethanylutheranvillage.org/pet-therapy-retirement-communities



Riley: Owners, Chuck and Jill Wadsworth



Everlast: Owner, Lynn Cherish



Jake: owner **Sue Chapin** and resident **Earl Beck**



Wyatt: owner **Pat Michener**

REGISTER FOR CENTER STAGE

by **Nan Doggett**

Now is the time to register for the 2019-2020 Center Stage season.

Many consider Center Stage to be one of our nation's premier theaters. Homewood takes us to Baltimore for a season of six plays. Season tickets are $198.00, and Homewood charges us $5.00 for transportation to Baltimore. See the description of the plays on the bulletin boards in the Crumland Farms coatroom and The Lodge Do-Drop-In.

Register with **Nan Doggett**. The price of $198.00 will appear on your Homewood bill.

The phone number to register is **240-629-1961.**

DIETARY "TIDBITS"

by **Shirley Erdmanis**

Effective May 1, 2017, the ILRA started imposing a $5.00 surcharge per person per meal for residents who failed to sign up when sign up is requested at Crumland Farms and The Lodge. I want to thank all of the residents for their wonderful compliance, which assists dietary management planning for all meals. Thanks also to the Hospitality Committee Buddies for assisting new residents to understand the system.

We need to ask for your help again! When the Dining Room at Crumland Farms opens at 11:30 AM, there is a large group who enter at the same time. There are always a large number of residents waiting to order Carry-Out. We would like to recommend that you use a wonderful service provided for you by the Dietary Department, and you don't have to stand in line. **After you decide what food you would like to order for Carry-Out, call X 5265. You can call any time and leave a message even if the Dining Room is closed. Remember to say the date, time, your name, your address and your order.**



by **Vernon Ripppeon**

Deadline by Sandra Brown

Sandra Brown has a real page turner in *Deadline*. Dawson Scott is a well- respected journalist who has recently returned from Afghanistan. His FBI friend tips him to the bizarre murder of a former marine. He becomes interested in the widow, but "fights the feeling". The pursuit of the killer is very convoluted. This great read is a new donation and is in the 3rd floor library at Crumland Farms.

UPCOMING HEALTH FAIR

by **Lora Schucker**

It's time to mark our calendars for Homewood's Annual Health Fair. This year's Health Fair will be held on Friday, April 12, 2019 from 10 AM to 1 PM at The Lodge. A shuttle will run throughout, starting at 9:30 AM. This event will offer a wealth of information and lots of prizes.

Over 20 vendors promoting health, fitness and wellness will provide information at tables in the Event Center. Speakers will present on a variety of topics in Classroom B:

- **Dr. Romane** on glaucoma, cataracts, and macular degeneration at **10 AM**
- **Green Health Docs** on medical marijuana at **11 AM**
- Acupuncturist **Julia Cubit** on what acupuncture helps and how it works at **12 PM**

If you have questions about the Health Fair, please contact Gretchen Smith, Wellness/Fitness Director.



Photo from the 2018 Health Fair

More Words and Phrases From the Past

by **Jerry Hammond**

A number of residents have stopped me in the hallways and dining room or called on the phone to thank us for reminding them of the many phrases that have all but disappeared. As promised in the last issue of *The CHATTER,* herein are more.

Poof, poof, poof go the words of our youth, the words we've left behind. We blink, and they're gone, evanesced from the landscape and wordscape of our perception, like Mickey Mouse wristwatches, hula hoops, skate keys, candy cigarettes, little wax bottles of colored sugar water and an organ grinder's monkey.

Where have all those phrases gone? Long time passing. Where have all those phrases gone? Long time ago:

Pshaw. The milkman did it. Think about the starving Armenians. Bigger than a bread box. Banned in Boston. The very idea! It's your nickel. Don't forget to pull the chain. Knee high to a grasshopper. Turn-of-the-century. Iron curtain. We of a certain age have been blessed to live in changeful times. For a child each new word is like a shiny toy, a toy that has no age. We at the other end of the chronological arc have the advantage of remembering there are words that once did not exist, and there were words that once strutted their hour upon the earthly stage and now are heard no more, except in our collective memory. It's one of the greatest advantages of aging. We can have archaic and eat it, too.

See ya later, alligators!

NEW RESIDENT PROFILES

Leslie Hobbs and Lora Schucker



June Krimm moved from the home where she had lived for seventy-one years to an Independent Living apartment at Crumland Farms in January, 2019. She selected Homewood as her retirement community because it is close to her son's home. Her previous home was in La Vale not far from Cumberland, MD.

June's community activities have included the La Vale Lionettes, which is a branch of the Lions Club. For hobbies, she enjoys playing cards, especially bridge, reading and doing puzzles.

Beth Chaffee moved from Arlington, VA to The Lodge in March 2019 at the recommendation of friends. A Rochester, NY native who earned BA degrees from both Syracuse University and the University of Michigan as well as a Masters of Social Work from the University of Maryland, Beth worked with international students during much of her career. She was an international student advisor at the University of Michigan and Director of International Student Activities at Georgetown. She was an EAP counselor for the Department of Health and Human Services and managed professional development programs for a bilingual school in Kuwait. Her community activities reflected her career interests and include serving on the Board of the International Counseling Center in DC and volunteering in the Arlington Free Clinic. Beth especially enjoys travel, reading, knitting and fitness activities.



Stephanie and **Dale Hoscheit** moved into their patio home in November 2017 from Bethesda, MD. Stephanie was born in Ames, Iowa and earned a BSN from Baylor University and an MA in counseling from Trinity University. This prepared her for a career in nursing that included medical research at George Washington University Medical School. Stephanie was active in scouting when their children were in the programs. She enjoys antiques, medicine and spending time with their three grandchildren.



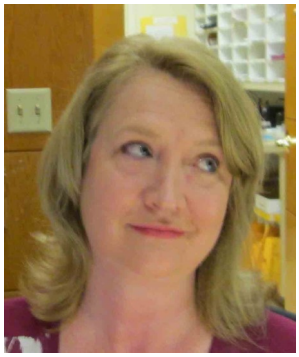
Dale, a native of Peru, Illinois, went to the University of Illinois where he earned a BS in chemical engineering and a JD in law. He served in the Army. He was a partner in a patent law firm and was an adjunct professor at both Johns Hopkins Graduate School and George Mason Law School. He has been an active board member of the Washington Speech and Hearing Society, Sibley Hospital and his homeowners association. He enjoys woodworking and playing bridge.

MEET THE STAFF

by Linda Proctor

FIRST IMPRESSIONS

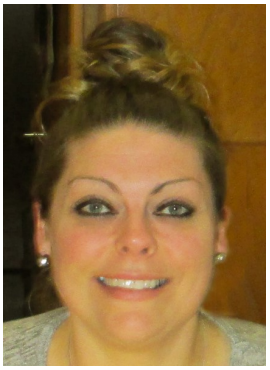
Just as Homewood has receptionists who work at The Lodge, there are seven receptionists assigned to the main reception desk at Crumland Farms. They are equipped to provide information to many individuals in a given day, from residents to co-workers to outside visitors. They keep track of the constantly changing array of services, menus, activities, telephone calls, packages, deliveries, reservations, directions and so much more! They are stationed at the hub of this extended care facility to offer assistance and a welcoming smile. This can be very reassuring to a new employee, a visiting friend or someone in search of a particular activity. The weekday schedule is 7:30 AM until 8 PM and the weekend/holiday schedule is 8:30 AM until 8 PM. There are typically two receptionists on duty during the weekdays and one for evenings, weekends and holidays. All of these capable women are dedicated to serving in this role and strive to deliver accurate information in a timely manner.



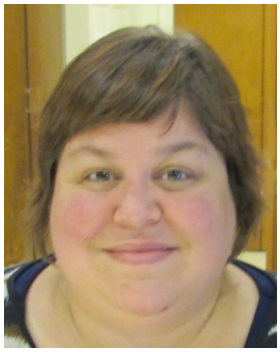
Jenny Linthicum



Jennifer Delgado



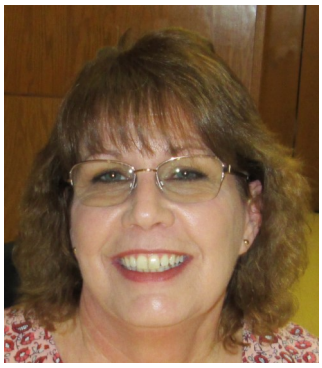
Beckie Fraley



Micha Hagans



Linda Jernigan



Rhonda Runion



Donna Willoughby

Jenny Linthicum is the full-time lead receptionist, taking care of the schedule and of coordination according to policies and procedures. The part-time receptionists are: Linda Jernigan, Donna Willoughby, Micha Hagans, Jennifer Delgado, Beckie Fraley and Rhonda Runion.

FREDERICK HAPPENINGS

HISTORIC PRESERVATION

by **Lora Schucker**

Marcia Hahn, daughter of The Lodge resident **Helen Hahn**, leads a valuable volunteer project for the Office of Historical Preservation of the Evangelical Lutheran Church of Frederick. The Frederick County Genealogical Society (FRECOGS), led by President Bryan Main, appreciated her informative presentation at the March meeting in The Lodge. She described the work of the volunteers who:

- Scan the original parish records dating back to the 1700s of baptisms, marriages, deaths/burials, membership and communion
- Enter these records into a searchable database
- Proofread entries done by other volunteers
- Obtain translations from German and Latin for the oldest records
- Provide an online form at: https://www.twinspires.org/genealogy that can be used to request information about your ancestors from the records

Homewood resident **Leslie Hobbs** volunteers for this project as a proofreader. Homewood resident **Roberta Sprague** reported during the meeting that when she submitted an online request she received a helpful response that included important details about one of her ancestors. She plans to use the online form again to seek information about another ancestor.

The FRECOGS membership fee is waived for Homewood residents who would like to join. Meetings are held at The Lodge on the second Saturday of the month, but not during January, February, July and August.

CONGRATULATIONS, CLARIS AND CRIS!

by **Lora Schucker**



Claris Gandionko, who works in the Crumland Farms Dining Room, broke two Maryland records and placed first in the Junior Division on March 19th at the Mid-Atlantic Classic, her first U S Powerlifting Association (USPA) competition.



Claris competed in the Squat, Bench Press and Deadlift. She lifted 137 pounds in the Bench Press and 281 pounds in the Squat, breaking the previous records by nine and six pounds, respectively. She can lift over double her body weight in the Squat, her favorite event, and has lifted up to 295 pounds in practice, but she hasn't tried that much weight in competition yet. She is training for the Maryland State Championships to be held on August 3rd here in Frederick! She hopes to qualify for November's national USPA competition in Las Vegas.

Claris' mother, Cris Gandionko, who also works in the Crumland Farms Dining Room, recently completed a long process to achieve another accomplishment, becoming a U S citizen.

GROUPS AND PROGRAMS

HOBOs

Jim Spiller, Head Tramp

HOBOs HEAR ABOUT AN "OLDIE"

At the HOBOs meeting on Thursday, April 18th, Homewood's Old Boys will hear Rich Heller tell about his 1922 Hupmobile automobile, which is garaged here at Homewood. The meeting is at The Lodge and begins with lunch at 12:00 noon. Program begins at 12:45 when ladies are invited to join us. Rich will tell us about his car, the condition it was in when he first saw it, and the process of restoration. He'll also take us back to 1922 by describing road conditions then and the number and make of autos on the roads. Finally the whole group will retire to The Lodge garage to see this beautiful machine. This promises to be a fascinating look at a real "oldie" and is just one of the outstanding programs HOBOs offers. Guests are always welcome to accompany members to HOBOs meetings. Remember to call 301-644-5601,ext 4000, not later than Wednesday, April 17th, to reserve your place for lunch or sign up at The Lodge reception desk.

THE VISIONAIRES by **Avadna Coghill**

The Visionaires will meet on Tuesday, April 3rd at 10:30 AM in the Assisted Living Garden View Lounge. Dr. Steven Allgier will make his annual visit. He always has interesting information to report and seems to enjoy answering questions. Dr. Algar comes from the Walkersville Eye Care Center.

I want to remind all Visionaires about the Health Fair on April 12th in the Event Center at The Lodge. At 10 AM the speaker will be Dr. Romane, who will talk about glaucoma, macular degeneration and other vision problems. At 11 AM the talk will be about medical use of cannabis. Additionally Dr. Algar will be available for questions and discussion. Other health displays will be exhibited.

ALOHA

by **Sue Chapin**

ALOHA (Active Ladies of Homewood Association) is open to all women at Homewood. We will meet Friday, April 26th for lunch and a program at noon in the Crumland Farms MP room.

The program will feature Dr. Larry Romane, a 35-year Board Certified Emergency Room Physician. Dr. Romane, author of *Are you Medically Curious?* a layman's guide to medicine, is no newcomer to Homewood, having taught several classes here. He also serves as an Institute for Learning in Retirement Instructor at Frederick Community College. Dr. Romane is both informative and entertaining.

On Friday April 26th, Dr. Romane will speak on *The Opioid Epidemic*, a subject that, in some way, affects us all. His talk will begin at 12:45 PM and last until 1:30 PM with a Q & A included. All men and women are encouraged to attend.

To make luncheon reservations, women should call the receptionist at Crumland Farms by Thursday, April 25th.

There will be shuttle service from the Lodge at 11:30 AM.

LUNCH BUNCH

Nancy Boltz

The next Lunch Bunch will be meeting at **THE LODGE NOT AT CRUMLAND FARMS AS WAS ORIGINALLY SCHEDULED ON TUESDAY, APRIL 16TH AT 11:30 AM.**

The topic for discussion will be "Who advised you when you were growing up and what advice did you give to your children".

Please remember to R.S.V.P. to **Ev Higbie** at 301-304-0903 for your reservation.

A FREDERICK GEM

by **Sal Cosentino**

Todo nino es un artista.

Pablo Picasso opined that "All children are artists, the problem is to remain an artist as we grow up."

Henri Matisse lamented "I would like to recapture that freshness of youth when all the world was new."

Recently I had an opportunity to watch a preschooler extend her right hand, palm facing her, and with her left index finger imitate dialing a cell phone. She then put her right hand to her ear and dialoged with an imaginary person. It was a Matisse moment.

DELAPLAINE FOUNDATION INC.

The cell phone pantomime reminded me of Lily Tomlin's character, Ernestine, but this child could never have seen replays of Rowan and Martin's shows. There has to be something in cognitive development that explains a child's imagination.

Immediately, a rush of book covers came into mind like John Tenniel's cards in *Alice's Evidence*, Chapter XII of *The Annotated Alice*. There was Piaget (preoperational cognition), Noam Chomsky, Steven Pinker and Antonio Damasio. Apparently, Picasso and Matisse intuited more than they expressed.

Two weeks ago I visited the Delaplaine Arts Gallery locate on the opposite side of the river walk from the library in downtown Frederick. The gallery was hosting the Frederick County Public School All-County Student Art Show. Unfortunately, by the time you read this article the show will be closed since it lasted from March 2nd until the 31st. However, an exhibit will last until April 28th featuring the work of the public-school art instructors. Search Delaplaine.org for views of the center, inside and out.

In order to correlate these seeming disparate thoughts and ideas with the subject of the arts in general, and the Delaplaine Arts Center specifically, I went to the internet where I found a twenty-page document entitled *The Arts & Education* published by the Art Education Partnership 2011, *Sustainability Education Guide*. It shows details of a colorful mural created by students.

Although it is unlikely that the summer arts at the Delaplaine will focus on sustainability this year, it is my expectation that it may be possible to influence the Board of Trustees to consider sustainability as a subject for the summer of 2020 (especially since global warming and sustainability are likely to be issues for federal and state elections).

UPCOMING SPECIAL EVENTS FOR APRIL

1 Free AARP Tax Services - CF Sun Room - 9 AM
1 *All You Ever Wanted to Know about Homewood - Rehab and Therapy* CF MP room 10 AM
3 Campus Connection with Karen Main—CF MP room - 9:30 AM - Shuttle
3 The Visionaires - Assisted Living Garden Room 10:30 AM
4 Tax Beneficial Trusts and Tax Planning - The Lodge - Event Center B - 2 PM
8 Free AARP Tax Services - CF Sun Room - 9 AM
10 Homewood Volunteers lunch and program - CF 11 AM to 1:30 PM
11 Lenten Bible Study - CF Assisted Living ACT - 10:30 AM
12 Great Decisions - CF ILAC - 10 AM
12 Health Fair - The Lodge several rooms 10 AM to 1 PM
15 Great Decisions - The Lodge - Classroom B - 7 PM
16 Lunch Bunch - The Lodge - 11:30 PM
17 Spring Vendor Sale - CF Multi-Purpose Room - 10 AM to 3 PM
18 HOBOs - The Lodge Lunch Noon, Program -12:45 PM
19 Live Drama - *A Friday Night - Had I Been There* - CF Chapel - 3:30 PM
21 Easter Sunday Worship Service - CF Chapel - 10AM
23 Passover Service - The Lodge Event Center - 5 PM
25 Golf Chip-Off - CF Community Center - 11 AM to 1 PM - Shuttle
26 Great Decisions - CF ILAC - 10 AM
26 ALOHA - CF Multi-purpose room - lunch - Noon, program 12:45 PM
28 Jeffrey Chappell in Concert - CF Multi-Purpose Room - 2:30 PM ***
29 Quarterly Memorial Service - Willows - Verts Lounge - 11 AM
30 The Great Tours - England, Scotland and Wales - CF AL Activities Room - 7 PM

*** Highly recommended by the Kinleins

GARDEN COMMITTEE

by **Ed Chaney**

In case you are on the fence - pun intended - there are still a few plots available in the Homewood garden area. Tilling will happen this month, and the weather will be right for those early crops like lettuce, beets and carrots. If you missed the meeting and wish to join us, contact **Ed Chaney** at 301-644-4264.

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